

## James 4:10, “Humble yourselves in the sight of the Lord, and he shall lift you up.”

Pride is always the culprit behind a lack of humility.

God hates pride. Pride is number one on His list of things He hates, Proverbs 6:16-19 and Proverbs 8:13.

When God convicts our hearts of pride, we have a choice. We can confess our sin and humble ourselves or we can let God humble us.

To humble yourself means you give God complete control. To remember the chapter, think about giving God control over your two hands (everything you do) and your two feet (everywhere you go).

**That’s 4 limbs in God’s control – Chapter 4.**



The devil tempts us with the desire to lift up ourselves in the eyes of others. But human lifting is no different than standing and walking on your toes. It’s impossible to do it for a long time, most people can see your foolishness, and after a while you simply lose your balance and fall down.

Falling down is always the result of human pride, Proverbs 16:18. Either we fall by our own means, or God knocks us down to teach us a lesson. The chapter reference also goes along with this idea: when I lift myself up with pride, God will knock me down on all **fours (Chapter 4)**. Jeremiah 13:3-10, God humbled His people because in their pride they were “good for nothing.”



The beauty about God lifting you up is that He can lift you higher than you can on your own, much higher than lifting yourself up using your toes. With God you can feel as if you are flying. You look back and see how God is using you to touch the lives of others beyond anything you ever dreamed.

If I compare this to riding in a hot air balloon, pride is the weight that holds me down or keeps me too close to the ground during flight which is extremely dangerous. Humility is letting go of the weights and allowing the Holy Spirit or flame to lift me higher than I ever imagined. The world and all its cares seem so little at this height.



To remember the verse, think this thought. When God lifts you up blessings will overflow and you will lift your hands up in praise to Him. That's **ten** fingers raised upwards in praise (**Verse 10**).

