Psalm 143:8, "Cause me to hear thy lovingkindness in the morning; for in thee do I trust: cause me to know the way wherein I should walk; for I lift up my soul unto thee."



To remember the reference, I think about how a work day usually starts at 8 am. If you add 1+4+3, it equals 8. Therefore, both the chapter and the reference point to the start of the work day.

Before each work day begins, we need to hear God's lovingkindness and His direction. Our trust in Him to guide us through each day should cause us to be determined to not begin the day without first lifting our soul up to Him.

Rising early in the morning to give God time can pose a daily battle with your flesh which desires sleep, watching the morning news, etc. But the Bible puts a great emphasis on rising early to give God time before each day.

Genesis 19:27, "And Abraham gat up early in the morning to the place where he stood before the LORD:" In Genesis 22:3, Abraham gets up early in the morning to obey God in the most difficult task of obedience, the sacrifice of his son.

Jacob rose up early in the morning to set up a pillar at Bethel after his vision of heaven, Genesis 28:18.

Moses was told by God to rise early in the morning to do His bidding, Exodus 9:13.

Exodus 16:7, "And in the morning, then ye shall see the glory of the LORD..."

I wonder how much we miss when we decide to sleep in or do other things in the morning?

Exodus 34:2, "And be ready in the morning, and come up in the morning unto mount Sinai, and present thyself there to me in the top of the mount."

In the book of Joshua it is frequently noted that Joshua rose "early in the morning", Joshua 3:1, 6:12, 7:16, 8:10.

In 1 Samuel 1:19, Hannah and her husband Elkanah rose up early in the morning to worship the Lord.

Samuel, their son, followed their example and was an early riser, 1 Samuel 15:12.

David considered the early morning hours a valuable time to commune with God. He also rose up early in the morning to follow his father's commands, 1 Samuel 17:20. Even when in the depths of David's sinfulness, he was still up early in the morning, 2 Samuel 24:11. God sends Nathan to speak to his heart during this time.

1 Chronicles 9:27 tells us that the house of God was opened each morning by the Levities who slept around the premises, "And they lodged round about the house of God, because the charge was upon them, and the opening thereof every morning pertained to them."

This is a clear picture of how God is waiting with open doors for us to come into His throne room each morning.

1 Chronicles 23:30, "And to stand every morning to thank and praise the LORD, and likewise at even;"

Job rose early in the morning to seek forgiveness for his children in case they may have sinned the day before.

Job 1:5, "And it was so, when the days of their feasting were gone about, that Job sent and sanctified them, and rose up early in the morning, and offered burnt offerings according to the number of them all: for Job said, It may be that my sons have sinned, and cursed God in their hearts. Thus did Job continually."

Psalm 5:3, "My voice shalt thou hear in the morning, O LORD; in the morning will I direct my prayer unto thee, and will look up."

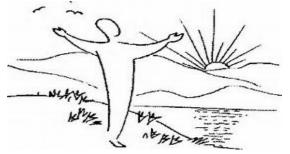
Psalm 55:17, "Evening, and morning, and at noon, will I pray, and cry aloud: and he shall hear my voice."

Psalm 59:16, "But I will sing of thy power; yea, I will sing aloud of thy mercy in the morning: for thou hast been my defence and refuge in the day of my trouble."

Psalm 92:2, "To shew forth thy lovingkindness in the morning, and thy faithfulness every night,"

Ezekiel 12:8, "And in the morning came the word of the LORD unto me, saying," Ezekiel heard God speak to him in the morning hours.

Jesus would get up early in the morning to pray, Mark 1:35, "And in the morning, rising up a great while before day, he went out, and departed into a solitary place, and there prayed."



Jesus arose from the grave early in the morning, Mark 16:9, "Now when Jesus was risen early the first day of the week...."

May we be encouraged to rise early in the morning praising the Lord and spending time with Him.