Galatians 5:1 "Stand fast therefore in the liberty wherewith Christ hath made us free, and be not entangled again with the yoke of bondage."

To remember the reference, think about how standing means that not one foot is moving. Your foot has five toes ("5" – the chapter) and not one ("1" – the verse) foot is moving.



Here is a word study on "fast" which outlines what we should stand fast or hold fast to:

LIBERTY IN CHRIST – living a life of forgiveness provides an overwhelming sense of freedom from the bondage sin can place upon our lives. Don't allow anyone or anything to attempt to take this liberty away from you, protect it.

Galatians 5:1, "Stand fast therefore in the liberty wherewith Christ hath made us free, and be not entangled again with the yoke of bondage."

I Thessalonians 3:8, "For now we live, if ye stand fast in the Lord."

Job 27:6, "My righteousness I hold fast, and will not let it go: my heart shall not reproach me so long as I live."

AGAINST THE WILES OF THE DEVIL – The devil will attempt to trick us. We stand fast against him when we have the whole armour of God on us each day.

Ephesians 6:10-12, "Finally, my brethren, be strong in the Lord, and in the power of his might. Put on the whole armour of God, that ye may be able to stand against the wiles of the devil. For we wrestle not against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places."



YOUR BATTLE WEAPONS- A bow is no good without arrows (God's Word hidden in our hearts). How full is your quiver? Determine to keep memorizing scripture and putting more arrows in your quiver.

Titus 1:9, "Holding fast the faithful word as he hath been taught, that he may be able by sound doctrine both to exhort and to convince the gainsayers."

2 Timothy 1:13, "Hold fast the form of sound words, which thou hast heard of me, in faith and love which is in Christ Jesus."



THROW AWAY THE BAD, KEEP THE GOOD

I Thessalonians 5:21, "Prove all things; hold fast that which is good."

STAND FAST IN THE WORD OF GOD – If God's Word says it, learn from it and stand fast to it.

2 Thessalonians 2:15, "Therefore, brethren, stand fast, and hold the traditions which ye have been taught, whether by word, or our epistle."

Psalm 89:28, "My mercy will I keep for him for everymore, and my covenant shall stand fast with him."

Psalm 111:8, "They stand fast for ever and ever, and are done in truth and uprightness."

Proverbs 4:13, "Take fast hold of instruction; let her not go: keep her, for she is thy life."

STAND FAST IN YOUR FAITH

1 Corinthians 16:13, "Watch ye, stand fast in the faith, quit you like men, be strong."

STAND FAST IN UNITY WITH OUR BRETHREN

Philippians 1:27, "Only let your conversation be as it becometh the gospel of Christ: that whether I come and see you, or else be absent, I may hear of your affairs, that ye stand fast in one spirit, with one mind striving together for the faith of the gospel;"

STAND FAST IN OUR LOVE, CARE AND ENCOURAGEMENT FOR EACH OTHER

Philippians 4:1, "Therefore, my brethren dearly beloved and longed for, my joy and crown, so stand fast in the Lord, my dearly beloved."

STAND FAST IN CONFIDENCE AND HOPE

Hebrews 3:16, "But Christ as a son over his own house; whose house we are, if we hold fast the confidence and the rejoicing of the hope firm unto the end."

STAND FAST TO OUR CALLING

Hebrews 4:14, "Seeing then that we have a great high priest, that is passed into the heavens, Jesus the Son of God, let us hold fast our profession."

Hebrews 10:23, "Let us hold fast the profession of our faith without wavering; (for he is faithful that promised;)

Revelation 2:25, "But that which ye have already hold fast till I come."

Revelation 3:11, "Behold, I come quickly: hold that fast which thou hast, that no man take thy crown."