

**Proverbs 15:1, “A soft answer turneth away wrath: but grievous words stir up anger.”**



The Bible tells us that most strife is a result of pride. The devil recognizes our personal battle with pride and plays upon it to steer us towards confrontation, much like trouble stirring the pot.

Proverbs 28:25, “He that is of a proud heart stirreth up strife: but he that putteth his trust in the LORD shall be made fat.”

Proverbs 13:10, “Only by pride cometh contention: but with the well advised is wisdom.”

Proverbs 11:2, “When pride cometh, then cometh shame: but with the lowly is wisdom.”

Proverbs 16:18, “Pride goeth before destruction, and an haughty spirit before a fall.”

When you find yourself facing confrontation, you must keep our own pride under control, pursue humbleness and think before speaking. In doing this you will avoid grievous words and will choose words that contain a soft answer. Hopefully you will be helping the person who is confronting you to gain control of their own selves and no longer be led by their emotions. This is not easy and may take many attempts before you learn to control your own words and defuse the situation. But the results are worth it!



**THINKING OVER OUR WORDS**