

**Proverbs 22:24-25, “Make no friendship with an angry man; and with a furious man thou shalt not go: Lest thou learn his ways, and get a snare to thy soul.”**



Most of my mother’s friends tell me that I favor her in not just looks but also in my speech and manners. I am thankful that I feel complemented when I hear these words. I want to be like her.

I realize that if she had passed into eternity while I was an infant, I may not have turned out to be like her. I had to spend years of close connection with her, learning how she thinks, watching how she responds and following in her footsteps. It is easy to follow someone when you spend a majority of your life with them.

Whom we spend our time with rubs off on us. This verse warns us of the dangers of spending time with an angry and furious person. Their personality is like poison. You can get trapped in their world of hatred and before you know it you have lost all hope and it has been replaced with anger and fury.



Facing the multiple challenges of life is difficult, but when you add anger into the mix our attitude can become a snare to our soul.

Choose friends who help you through the difficulties of life with spiritual encouragement. Our attitude plays a large role in how we deal with the curve balls life throws our way.