Psalm 55:16-17, "As for me, I will call upon God; and the LORD shall save me. Evening, and morning, and at noon, will I pray, and cry aloud: and he shall hear my voice."





How often do you spend time with God each day?

The biggest struggle we have as seasoned Christians are not sins of commission, but sins of omission. Omitting doing what we know we should do each day.

James 4:17, "Therefore to him that knoweth to do good, and doeth it not to him it is sin."

Spending time with God each morning, evening and noon is more than simply giving thanks over the food we eat. God is asking us to give him more than a simple prayer three times a day.

We have to work at forming the habit of praying.

Knowing what we should do and then doing it can be two different things. Our heart intent is right, yet we get distracted with the chores or trials of life and we find that we did not remember to spend time with God.

Matthew 13:22, "He also that received seed among the thorns is he that heareth the word; and the care of this world, and the deceitfulness of riches, choke the word, and he becometh unfruitful."

It is difficult to visualize how our daily chores and duties can become a thorn when God requires us to work as if working for the Lord, giving it our all. When those chores or duties keep us from doing what we should do, they become a trap to make us unfruitful.

How do we know if we have already fallen into the trap? Other than lack of time with God, you will not be producing fruit.

Matthew 13:23, "But he that received seed into the good ground is he that heareth the word, and understandeth it; which also beareth fruit, and bringeth forth, some an hundredfold, some sixty, some thirty."

Look into your spiritual fruit basket. Do you have the minimum?

The key to pleasing the Lord requires self-discipline. Each morning I have a rule, no food until my spirit has been fed. When two o'clock rolls around and you are starving because you haven't eaten, you quickly learn to put time with God each morning as your number one priority.

I also have a 9 o'clock alarm that goes off to remind me that it is now time to stop everything else and spend time with God before going to sleep.

I'm still struggling with my noon time with God. I simply get too involved with work or chores that I keep forgetting. Yet, that is not an acceptable excuse. If I let him, Satan can give me a boat load of good excuses why I can't do what God has asked me to do. The point is to never stop trying to do right even when you fail. Keep trying and praying for God to help you.

I do have many days where I do remember and when I do, the time spent is so sweet!