Romans 8:31, "What shall we then say to these things? If God be for us, who can be against us?"

When I was a young girl, I joined the cheerleading squad for my brother's football team. We were given the names of every player along with their jersey number. During the game, we would begin cheering by name for each player. Our goal was to encourage the team and invite the crowd to join in.

Cheering seemed to do several things:

1) It encouraged those who were actively involved in the action to keep pressing on.

2) It encouraged the audience to become a part of the action. Their cheering became almost as fun as watching the game.

3) It encouraged the cheerleaders because we witnessed the joy we instigated by our cheering.

4) Whether we won or lost, cheering seemed to help us have the right attitude towards the game. We simply enjoyed our time together.

As we serve the Lord, the devil constantly bombards us with negative thoughts to discourage us. Just as a ball team will begin to give up if they feel they are losing, the devil wants us to feel as if there is no hope. Discouragement is one of our biggest enemies.

We can encourage one another, by our 'cheering'.

While attending college, I was a member of the University of Tennessee marching band. I cannot describe in words the energy it produced when we were marching on the football field in front of over 100,000 people standing and cheering. It was so thrilling, we felt as if we could do anything!

This is the type of energy or encouragement we can give to others. Whether God has called you to be one of the players, one of the cheerleaders or one of the people in the audience, we can encourage one another.

In one loud voice, may we cry together, "If God be for us, who can be against us?"

Psalm 118:6, "The LORD is on my side; I will not fear: what can man do unto me?"

Let's look for others we can cheer on!